

# BEFORE AND AFTER CARE INSTRUCTIONS for PERMANENT MAKEUP

## ALL AREAS

Three days before procedure

Avoid blood-thinning products (Vitamin E, Aspirin) except prescriptions. Please notify if on blood-thinning medication.

#### Day of procedure

- Arrive early to have pre-numbing agents applied. If you feel apprehensive, take a non-aspirin pain reliever an antihistamine (especially before eye and lip procedures).
- Please eat as you will be with us for a couple hours.
- Avoid stimulants.
- For all eye procedures leave your contacts at home and wear glasses.

### Immediately after procedure

- Procedure area will look off-color, darker and crisper up to seven days.
- Area may weep for the first few hours.
- Wash gently; apply ointment as directed.
- No hot showers, sauna, hot tubs, swimming, or extreme exercise that day.

#### After procedure for 7-10 days

- Wash with a gentle cleanser; pat dry. Wait 10 minutes and apply given ointment LIGHTLY with a clean applicator.
- If flaking, peeling or crusting appears, DO NOT PICK, PEEL OR SCRATCH, it may
  cause the color to heal unevenly.
- Stay out of the sun. NO tanning for a couple of days (sun dulls pigment)

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After brows are completely healed use SPF 15-30 to help maintain color and reduce fading. Brows can fade in time. Do not use anti-aging products on area. Communicate desired result. Touch up 4 weeks after first pass. Use ointment lightly 4 to 6 days till healed.

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No eyelash curler or makeup on the procedure area for 72 hours. When you resume using mascara, use a new tube. Eyes may have swelling, which usually lasts from a few hours to a few days. Touch up 4 weeks after first appointment.

Eyeliner area may be a little tender and feel tight or itchy. Flush with multi-purpose eye wash or lubricating eye drops as needed (No eye whiteners).

## LIPS

Three weeks before procedure, if you have EVER had a cold sore you MUST use an anti-viral prescription for your procedure. Lips will appear very off color and considerably darker until the initial healing and peeling of the surface layer. Healing usually takes 4-6 days during which they can feel very dry. No hot liquids. Drink through a straw. Do not wipe lips with napkin; just blot. After 3 to 4 days your color will soften. Full color will take up to 3-4 weeks. Touch up 6 weeks.

The success of your procedure depends on your aftercare. Cosmetic and medical tattooing is not an exact science as the human skin is living tissue. Your procedure area may require more applications to achieve desire results. If any questions or concerns arise, you are responsible to communicate them to me. Do not hesitate to call.